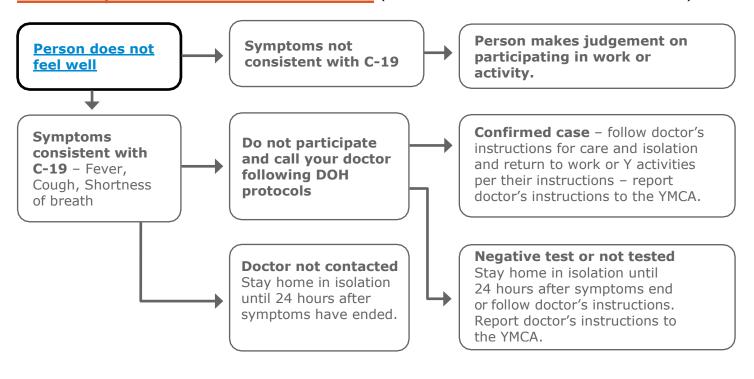
# SAFEGUARDING OUR HEALTH

Suspected or Confirmed Cases of COVID-19
Staff Members, Program Participants, Volunteers



With suspected or confirmed Illness (Local DOH recommendations will be followed)



With Exposure to COVID-19 The exposure notification has to come from an official source (ie. the health department, hospital, etc.), rumors, assumptions, and hearsay are not sources. The CDC provides categories for low, medium, and high-risk contact or exposure to COVID-19. This flowchart is based on this information.



# High Risk

## If contact was:

- Direct and inside
- Extended contact with positive case (person to person for more than 30 minutes

## Response

Remain at home 14 days

# **Medium Risk**

#### If contact was:

- Direct & inside but little time in contact with positive case
- Moderate social distancing (person to person for less than 30 minutes, mostly 6 feet apart

#### Response

Self monitor, frequent hand washing, temperature scan, face mask in presence of others

# Low Risk

## If contact was:

- Indirect, outside
- Able to maintain social distancing consistently

### Response

Frequent handwashing
No other actions necessary

Decisions on the discontinuation of sports and activities will be made on a case by case basis in collaboration with current CDC guidelines and our local health department. CDC guidelines on youth sports can be found at

https://www.cdc.qov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html